

How do you start your day?

Some say with good breakfast. which is good.

Some say with a deep breath and hope that is also good,

***but here is the right and most important thing
in the beginning of your day.***

*Why are morning prayers and Remembrance of Allah
very important?*

Because when you say them Allah, the Greatest will:

**1-protect you from shytan, the devils, bad souls, the magic,
the magic eye (ain).**

**2-protect you form accidents, burns and every bad or harmful
thing.**

**3-They are very good in the beginning of your day, you start
the day happy satisfied and full of hope. Everything in that day
will be easy and safe, inshallah.**

**4-You are written of those who remember Allah a lot and who
are greatly rewarded.**

**5-you get rewards for following Sunna, because they were read
by the prophet peace be upon him, in the morning.**

Don't forget us in your doa'a

JAK

Authentic Supplications of the Prophet ﷺ Remembrance of Allah at Both Ends of the Day

Allah The Exalted said:

{O you who believe! Remember Allah, with much remembrance; And glorify Him morning and 'Aseela}

(1)

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ . (مائة مرة) [مسلم 2071/4]

The Prophet ﷺ said: "Whoever would say as he enters upon morning and as he enters upon evening:

{Subhāna 'Allāhi wa bihamdihi} 100 times,

no one would arrive on the Day of Resurrection with better than what he arrived with, except for a person who said the same, or more."

(2)

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ وَالْحَمْدُ لِلَّهِ ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا الْيَوْمِ وَخَيْرَ مَا بَعْدَهُ ، وَأَعُوذُ بِكَ مِنْ شَرِّ هَذَا الْيَوْمِ وَشَرِّ مَا بَعْدَهُ ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسَوْءِ الْكِبَرِ ، رَبِّ أَعُوذُ بِكَ مِنْ عَذَابِ فِي النَّارِ وَعَذَابِ فِي الْقَبْرِ . [مسلم 2088/4]

The Prophet ﷺ used to say as he would enter upon evening:

''' **Asbahā wa Asbahal mulku lil-lāhi (Amsaynā wa 'amsal-mulku lil-lāhi), wal-hamdu lil-lāhi, lā 'ilāha 'illa 'allāhu wahdahu lā shareeka lahu, lahu mulku wa lahu hamdu, wahuwa `alā kulli shay'in qadeerun, rabbi 'as'aluka khayra mā fee hāthihil-laylati, wa khayra mā ba`daha, wa 'a`outhu bika min sharri mā fee hāthihil laylati, wa sharri mā ba`daha, rabbi 'a`outhu bika min 'al kasali wa soo'il kibari, rabbi 'a`outhu bika min `athābin fin-nāri, wa `athābin fil-qabri**

'We have reached the evening and at this very time unto Allaah belongs all sovereignty, and all praise is for Allaah. None has the right to be worshipped except Allaah, alone, without partner, to Him belongs all sovereignty and praise and He is over all things omnipotent. My Lord, I ask for the good of this night and the good of what follows it and I take refuge in You from the evil of this night and the evil of what follows it. My Lord, I take refuge in You from laziness and senility. My Lord, I take refuge in You from torment in the Fire and punishment in the grave.'

...likewise, one says in the morning:

'We have reached the morning and at this very time unto Allaah belongs all sovereignty...'

(3)

﴿قُلْ هُوَ اللَّهُ أَحَدٌ﴾ و ﴿قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ﴾ و ﴿قُلْ أَعُوذُ بِرَبِّ النَّاسِ﴾

Abdullah bin Khubayb said: we went out on a rainy and very dark night, seeking the Prophet ﷺ to pray for us, then we found him, and he said: "Qul (say)". So I said nothing, then he said: So I said nothing, then he said: "Qul." I said: O' Messenger of Allah! What should I say? He said "Qul huwal-lāhu 'ahad" and the Mu`awwathatayn⁽³⁴⁾ when you enter upon evening time and when you enter upon morning time, **three times**, He [Allah] will protect you from everything".

(4)

The Prophet ﷺ used to teach his companions, saying: "As anyone of you enters upon morning let him say:

'Allāhumma bika 'asbahnā, wa bika 'amsaynā, wa bika nahyā, wa bika namuto, wa 'ilayka 'an-nushooru

; and when he enters upon evening let him say:

'Allāhumma bika 'amsaynā, wabika 'asbahna wa bika nahyā, wa bika namuto, wa 'ilayka 'al maseeru

اللَّهُمَّ بِكَ أَمْسَيْنَا، وَبِكَ أَصْبَحْنَا،
وَبِكَ نَحْيَا، وَبِكَ نَمُوتُ، وَإِلَيْكَ الْمَصِيرُ

'O Allaah, by your leave we have reached the morning and by Your leave we have reached the evening, by Your leave we live and die and unto You is our resurrection.'

In the evening:

'O Allaah, by Your leave we have reached the evening and by Your leave we have reached the morning, by Your leave we live and die and unto You is our return.'

(5)

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ ، خَلَقْتَنِي وَأَنَا عَبْدُكَ ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ ، أَعُوذُكَ مِنْ شَرِّ مَا صَنَعْتَ ، أَبوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ وَأَبوءُ بِذَنْبِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ . [البخاري 150/7]



It is reported of the Prophet ﷺ that he said: "The master of invocations for forgiveness is: **'Allāhumma 'anta rabbee, lā 'ilāha 'illā 'anta, khalaqtanee, wa 'anā `abduka, wa 'anā `alā `ahdika wa wa `dika mastata `tu, 'a `outhu bika min sharri ma sana `tu, 'aboo'u laka bini `matika 'alayya, wa 'aboo'u bithambee, faghfirlee fa'innahu lā yaghfiru 'aththunooba 'illā 'anta.**

'O Allaah, You are my Lord, none has the right to be worshipped except You, You created me and I am You servant and I abide to Your covenant and promise as best I can, I take refuge in You from the evil of which I committed. I acknowledge Your favour upon me and I acknowledge my sin, so forgive me, for verily none can forgive sin except You.'

Whoever says this as he enters upon evening, then, dies that night, he would enter Paradise; and if one says this as he enters upon morning, then, dies that day, he would enter Paradise".

(6)

اللَّهُمَّ عَالِمَ الْغَيْبِ وَالشَّهَادَةِ فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ رَبَّ كُلِّ شَيْءٍ وَمَلِيكَهُ ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي وَمِنْ شَرِّ الشَّيْطَانِ وَشِرْكِهِ ، وَأَنْ أَقْتَرِفَ عَلَى نَفْسِي سُوءًا أَوْ أُجْرَهُ إِلَى مُسْلِمٍ . [صحيح الترمذي 142/3]

Abu Bakr Assiddeek  said: The Messenger of Allah  said: "Say in the morning and in the evening:

'Allāhumma `ālim 'al-ghaybi wash-shahādeti, fatiras-samāwāti wal 'ardhi, rabba kulli shay'in wa maleekahu, 'ashhadu 'an lā 'ilāha 'illā 'anta, 'a`outhu bika min sharri nafsee, wa sharrish-shaytāni wa shirkihī


'O Allaah, Knower of the unseen and the seen, Creator of the heavens and the Earth, Lord and Sovereign of all things, I bear witness that none has the right to be worshipped except You. I take refuge in You from the evil of my soul and from the evil and *shirk* of the devil, and from committing wrong against my soul or bringing such upon another Muslim.'

and in one narration the following addition:
[wa 'an 'aqtarifa `alā nafsee soo'an, 'aw 'ajurrahu 'ilā muslimin]

say it in the morning, and in the evening, and when you take to your bed".

(7)

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ . [أبو داود 323/4]

The Messenger of Allah  said: "There is not a bondservant⁽⁴⁰⁾ who recites in the morning of every day, and in the evening of every night:


Bismil-lāhil-lathee lā yadhurru ma`a 'issmihi shay'un fil 'ardhi wa lā fissamā'i wa huwa 'as-samee`ul-`aleemu⁽⁴¹⁾ three times,

except that nothing would harm him"

'In the name of Allaah with those name nothing is harmed on earth nor in the heavens and He is The All-Seeing, The All-Knowing.' (three times)

(8)

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي ، اللَّهُمَّ اسْتُرْ عَوْرَاتِي وَأَمِنْ رُوعَاتِي ، اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ يَدَيْ وَمِنْ خَلْفِي وَعَنْ يَمِينِي وَعَنْ شِمَالِي ، وَمِنْ فَوْقِي ، وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي . [صحيح ابن ماجه 332/2]

The Prophet  did not use to neglect saying these supplications as he would enter upon morning and evening:

"Allāhumma 'innee 'as'aluka 'al-`āfiyata fid-dunyā wal 'ākhirati, 'allāhumma 'as'aluka 'al-`afwa wal `āfiyata fee deenee wa dunyāya, wa 'ahlee wa mālee, 'allāhumma 'ustur `awrātee, wa `āmin raw `ātee, 'allāhumma 'ihfathnee min bayni yadeyya wa min khalfee, wa `an yameenee, wa `an shimālee, wa min fawqee, wa 'a`outhu bi `athamatica 'an 'ughtala min tahtee

'O Allaah, I ask You for pardon and well being in this life and the next. O Allaah, I ask You for pardon and well-being in my religious and worldly affairs, and my family and my wealth. O Allaah, veil my weaknesses and set at ease my dismay. O Allaah, preserve me from the front and from behind and on my right and on my left and from above, and I take refuge with You lest I be swallowed up by the earth.

(9)

اللَّهُمَّ إِنِّي أَصْبَحْتُ أُشْهِدُكَ ، وَأُنْهَدُ حَمَلَةَ عَرْشِكَ ، وَمَلَائِكَتَكَ ، وَجَمِيعَ خَلْقِكَ ، أَنْتَ اللَّهُ لَا إِلَهَ إِلَّا أَنْتَ
وَحَدَّكَ لَا شَرِيكَ لَكَ ، وَأَنْ مُحَمَّدًا عَبْدُكَ وَرَسُولُكَ . (أربع مرات) [أبو داود 317/4]

Allahumma innee asbahtu oshhiduk, wa-oshhidu hamalata AAarshik, wamala-ikatak .wajameeAAa khalqik, annaka antal-lahu la ilaha illa ant, wahdaka la shareeka lak, wa-anna Muhammadan AAabduka warasooluk (four times.)

‘O Allaah, verily I have reached the morning and call on You, the bearers of Your throne, Your angels, and all of Your creation to witness that You are Allaah, none has the right to be worshipped except You, alone, without partner and that Muhammad is Your Servant and Messenger.’ (four times in the morning and evening)

(10)

اللَّهُمَّ مَا أَصْبَحَ بِي مِنْ نِعْمَةٍ أَوْ بِأَحَدٍ مِنْ خَلْقِكَ ، فَمِنْكَ وَحَدَّكَ لَا شَرِيكَ لَكَ ، فَلَكَ الْحَمْدُ وَلَكَ الشُّكْرُ . [أبو داود 318/4]

Allahumma ma asbaha bee min niAAamin, aw bi-ahadin min khalqik, faminka wahdaka la shareeka lak, falakal-hamdu walakash-shukr.

‘O Allaah, what blessing I or any of Your creation have risen upon, is from You alone, without partner, so for You is all praise and unto You all thanks.’
...whoever says this in the morning has indeed offered his day’s thanks and whoever says this in the evening has indeed offered his night’s thanks.

(11)

اللَّهُمَّ عَافِنِي فِي بَدَنِي ، اللَّهُمَّ عَافِنِي فِي سَمْعِي ، اللَّهُمَّ عَافِنِي فِي بَصَرِي ، لَا إِلَهَ إِلَّا أَنْتَ . (ثلاثاً)
اللَّهُمَّ إِنِّي أَعُوذُكَ مِنَ الْكُفْرِ ، وَالْفَقْرِ ، وَأَعُوذُكَ مِنْ عَذَابِ الْقَبْرِ ، لَا إِلَهَ إِلَّا أَنْتَ . (ثلاثاً) [أبو داود 324/4]

Allahumma AAafinee fee badanee, allahumma AAafinee fee samAAee, allahumma AAafinee fee basaree, la ilaha illa ant.(three times)

Allahumma innee aAAoothu bika minal-kufr, walfaqr, wa-aAAoothu bika min AAathabil-qabr, la ilaha illa ant (three times.)

‘O Allaah, grant my body health, O Allaah, grant my hearing health, O Allaah, grant my sight health. None has the right to be worshipped except You.’ (three times)

‘O Allaah, I take refuge with You from disbelief and poverty, and I take refuge with You from the punishment of the grave. None has the right to be worshipped except You.’ (three times)

(12)

حَسْبِيَ اللَّهُ لَا إِلَهَ إِلَّا هُوَ عَلَيْهِ تَوَكَّلْتُ وَهُوَ رَبُّ الْعَرْشِ الْعَظِيمِ . (سبع مرّات حين يصبح ويمسي) [أبو داود موقوفاً 321/4]

Hasbiyal-lahu la ilaha illa huwa, AAalayhi tawakkalt, wahuwa rabbul-AAarshil-AAatheem

‘Allaah is Sufficient for me, none has the right to be worshipped except Him, upon Him I rely and He is Lord of the exalted throne.’ (seven times morning and evening)

(13)

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ . (ثلاثاً إذا أمسى) [أحمد 290/2، وصحيح الترمذي 187/3]

aAAoothu bikalimatil-lahit-tammati min sharri ma khalaq.

‘I take refuge in Allaah’s perfect words from the evil He has created.’ (three times)

(14)

رَضِيتُ بِاللَّهِ رَبًّا وَبِالإِسْلَامِ دِينًا وَبِمُحَمَّدٍ صَلَّى اللهُ عَلَيْهِ وَسَلَّمَ نَبِيًّا . (ثلاثاً) [أبو داود 318/4]

Radeetu billahi rabban wabil-islami deenan wabiMuhammadin peace be upon to him nabiyya.

‘I am pleased with Allaah as a Lord, and Islaam as a religion and Muhammad as a Prophet.’ (three times)

(15)

سُبْحَانَ اللهِ وَبِحَمْدِهِ عَدَدَ خَلْقِهِ ، وَرِضَا نَفْسِهِ ، وَرِزْقَةِ عَرْشِهِ ، وَمِدَادِ كَلِمَاتِهِ . (ثلاثاً) [مسلم 2090/4]

‘Subhanal-lahi wabihamdih, AAadada khalqih warida nafsih, wazinata AAarshih ,wamidada kalimatih.

How perfect Allaah is and I praise Him by the number of His creation and His pleasure, and by the weight of His throne, and the ink of His words.’ (three times)

(16)

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ ، أَصْلِحْ لِيْ شَأْنِيْ كُلَّهُ ، وَلَا تَكِلْنِيْ إِلَى نَفْسِيْ طَرْفَةَ عَيْنٍ . [صحيح الترمذ
والتَّوْهِيْب 273/1]

**Ya hayyu ya qayyoom, birahmatika astagheeth, aslih lee sha/nee kullah, wala takilnee ila nafsee tarfata
AAayn**

‘O Ever Living, O Self-Subsisting and Supporter of all, by Your mercy I seek assistance, rectify for me all of my affairs and do not leave me to myself, even for the blink of an eye.’

(17)

لَا إِلَهَ إِلاَّ اللهُ وَحْدَهُ لَا شَرِيْكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيْرٌ . (مائة مرة) [البخاري 95/4 ومسلم

La ilaha illal-lah, wahdahu la shareeka lah, lahul-mulku walahul-hamd, wahuwa AAala kulli shay-in qadeer

‘None has the right to be worshipped except Allaah, alone, without partner, to Him belongs all sovereignty and praise, and He is over all things omnipotent.’ (one hundred times every day)

(18)

أَصْبَحْنَا وَأَصْبَحَ الْمُلْكُ لِلَّهِ رَبِّ الْعَالَمِينَ ، اللَّهُمَّ إِنِّي أَسْأَلُكَ خَيْرَ هَذَا الْيَوْمِ ، فَتْحَهُ ، وَتَصْرَهُ ، وَنُورَهُ
وَبَرَكَتَهُ ، وَهُدَاهُ ، وَأَعُوْذُ بِكَ مِنْ شَرِّ مَا فِيْهِ وَشَرِّ مَا بَعْدَهُ . [أبو داود 322/4]

**Asbahna wa-asbahal-mulku lillahi rabbil-AAalameen, allahumma innee as-aluka khayra hathal-yawm,
fat-hahu, wanasrahu, wanoorahu, wabarakatahu, wahudahu ,wa-aAAoothu bika min sharri ma feehi,**

‘We have reached the morning and at this very time all sovereignty belongs to Allaah, Lord of the worlds. O Allaah, I as you for the good of this day, its triumphs and its guidance, and I take refuge in You from the evil of this day and the evil that follows it.’ (and likewise in the evening)

(19)

أصحبنا على فطرة الإسلام وعلى كلمة الإخلاص وعلى دين نبينا محمد

وعلى ملة أبينا إبراهيم حنيفاً مسلماً وما كان من المشركين

‘We rise upon the *fitrah* of Islaam, and the word of pure faith, and upon the religion of our Prophet Muhammad and the religion of our forefather Ibraheem, who was a Muslim and of true faith and was not of those who associate others with Allaah.’